

my 60 second opening statement

Write a rough draft of your 60 second opening statement

1 Name the issue.

2 Select a specific example that illustrates the behavior or situation I want to change.

3 Describe my emotions around this issue.

4 Clarify why this is important – what is at stake to gain or lose for me, for others, for the team, or for the organization.

5 Identify my contribution(s) to this problem.

6 How I will state my wish to resolve this issue.

7 What I will say to invite my partner to respond.

