

Taking Advantage of NCFDD Resources

Fall ADVANCE Pre-Tenure Workshop
December 9, 2025



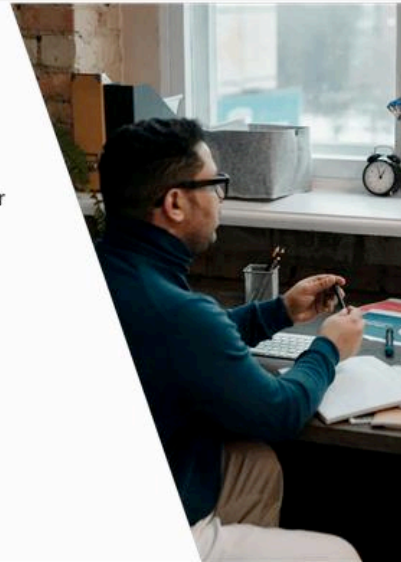
Structured Support. Real Results.

From individual growth to leadership success, our flagship programs help faculty thrive through structure, strategy, and community.

Faculty Success Program

97% of participants in the Faculty Success Program (FSP) report stronger writing habits, clearer priorities, and better work-life balance through structured support and coaching.

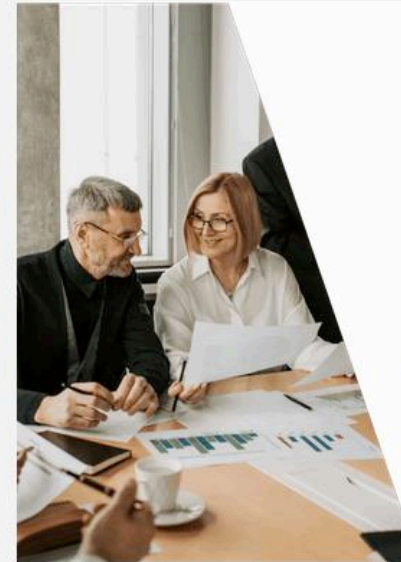
[View Course Info](#)



Department Chair Success Program

95% of participants in the Department Chair Success Program (CSP) report greater confidence and clarity in their role, along with tools to lead and support their faculty.

[View Course Info](#)



Events and Webinars

Upcoming events and webinars

Conferences Members Only Public Events Workshops

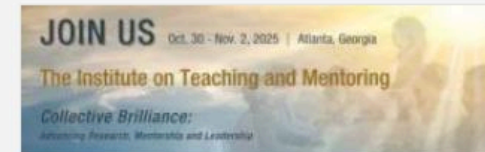
December 2025 < This Month > Month Search Events

SUN	MON	TUE	WED	THU	FRI	SAT
30	1	2	3	4	5	6
7	8	9	10	11	12 1:00 PM - 2:00... The Weekly Meeting - December	13
14	15	16 10:00 AM - 11:... Virtual Writing Session ~...	17	18	19	20

Past events and webinars



Planning for Rest and Recovery: An Agile End-of-Year Reflection



APLU Annual Meeting

Load More

<https://www.ncfdd.org/resources/events-and-webinars/>

Sign up for NCFDD via UW Institutional Membership



NCFDD at UW

Sample NCFDD Resources

The Library

All Webinars

Guest Webinars

Multi-Week Courses

Filter by Category

Wed, Nov 5, 2025

Planning for Rest and Recovery: An Agile End-of-Year Reflection

Guest Webinar

View Details

Rebecca Pope-Ruark, PhD

Thu, Oct 30, 2025

Building Strong Peer Communities: A Resource for Leadership and Advancement

Guest Webinar

View Details

Sarah Kirk, PhD, Mia Bertagnoli, PhD, Chrystal Bruce, PhD Hala Schepmann, PhD

Fri, Oct 24, 2025

The AIs Go Marching On: Finding Our Way with AI in Education

Guest Webinar

View Details

Lance Eaton, PhD

Thu, Oct 16, 2025

Strengthening Your Department Chair Playbook: Spotlight on Faculty Development Strategies

Guest Webinar

View Details

If you would like the benefit of participating in the live webinars you can register for the upcoming 2025 webinars or you can decide to watch our previous recordings below.

View Upcoming Curriculum

1

SKILL #1: Every Semester Needs a Plan

Watch Now

2

SKILL #2: How to Align Your Time with Your Priorities

Watch Now

3

SKILL #3: How to Develop a Daily Writing Practice

Watch Now

4

SKILL #4: Mastering Academic Time Management

Watch Now

5

SKILL #5: Moving from Resistance to Writing

Watch Now

6

SKILL #6: The Art of Saying No

Watch Now

7

SKILL #7: Cultivating Your Network of Mentors, Sponsors & Collaborators

Watch Now

8

SKILL #8: Overcoming Academic Perfectionism

Watch Now

9

SKILL #9: How to Engage in Healthy Conflict

Watch Now

10

SKILL #10: How to Manage Stress, Rejection & the Haters in Your Midst

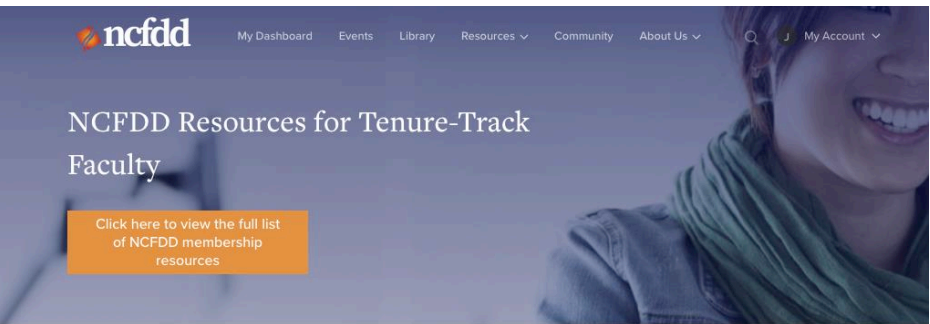
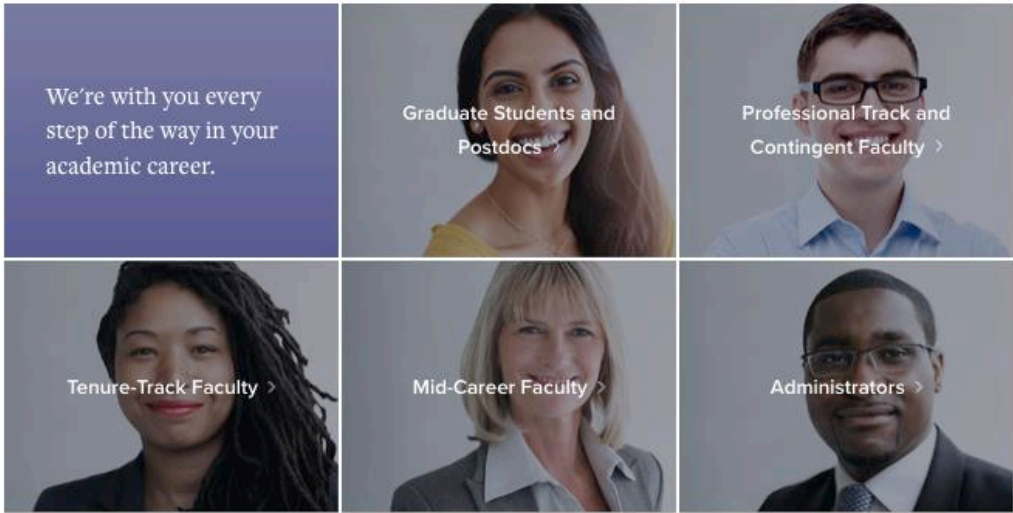
Watch Now



ADVANCE CENTER FOR INSTITUTIONAL CHANGE
UNIVERSITY of WASHINGTON

Member Resources

The NCFDD has members from almost every discipline and representing a broad range of colleges and universities. We offer the following programming and resources to assist faculty, postdocs, and graduate students in making successful transitions throughout their careers.



Core Curriculum Webinars

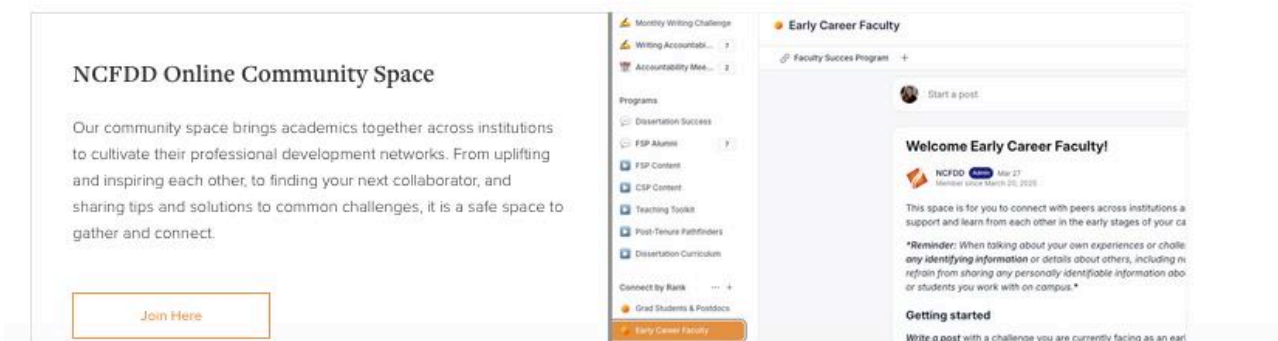


The 14 Day Writing Challenge is a free opportunity for you to experiment with daily writing, online community, and supportive accountability on our WriteNow platform. The Challenge is very simple:

1. You commit to write for at least 30 minutes a day for two weeks
2. At the beginning of your writing time, you login to our online community, start the timer, complete your writing, and post your progress at the end.
3. You take 5 minutes to support other writers in your group by commenting on their progress.

“Writing” refers to *any scholarly activity* ranging from the spark of a new idea to polishing a near-complete project (article, grant proposal, exhibit, book chapter, etc.).

The average participant writes for **350 minutes** over the two weeks and **98%** of recent participants agreed that “the 14-Day Writing Challenge was helpful in making progress on your scholarly work?”



Panelists

- > Sapna Cheryan, Professor of Psychology
- > Gary Hsieh, Professor of Human Centered Design & Engineering
- > Sarah Tuttle, Professor of Astronomy



Every quarter needs a plan

Sapna Cheryan

(adapted from Joyce Yen's and NCFDD slides)

Step #1: Identify Your Goals (5 Minutes)

Research/Writing Goals:

1.
2.
3.

Personal Goals:

1.
2.
3.

Step 2: Outline Tasks



For each goal, list/map out/flow chart all tasks (specific, in detail) needed to achieve the goal.

Adapted from National Center for Faculty Development and Diversity. <http://www.facultydiversity.org/?page=email0511a>

Step #3: Introduce your PROJECTS to your calendar (example)

MONTH	WEEK	WRITING/RESEARCH	PERSONAL
	Week 6		
	Week 7		
	Week 8		
	Week 9		
	Week 10		

Biggest benefits

- Making reasonable goals that I can actually accomplish
- Staying on track throughout quarter
- Having a record from previous quarters
- Creative personal goals

FSPGroup127

“Taking advantage of NCFDD resources” workshop

Gary Hsieh, Human Centered Design & Engineering



NCFDD Experience

Thus, I am writing to request partial support from the Office of Faculty Advancement to attend the NCFDD Faculty Success Program. I believe this is an ideal time in my career to participate in the program. Now that I have been at the Associate Professor level for a few years, I am looking ahead and thinking about how to increase the impact of my work and apply for promotion to Full Professor within the next few years. Most immediately, participation in the NCFDD program will help me with managing my to-do lists and complete a variety of writing projects. It will also help me plan for grant applications and paper submissions. In terms of longer-term goals, I hope to learn how to become more effective at managing my time and the various research interdisciplinary teams I am now leading. This will not just advance my own productivity, but I hope to also improve the productivity of my students participating on these projects.

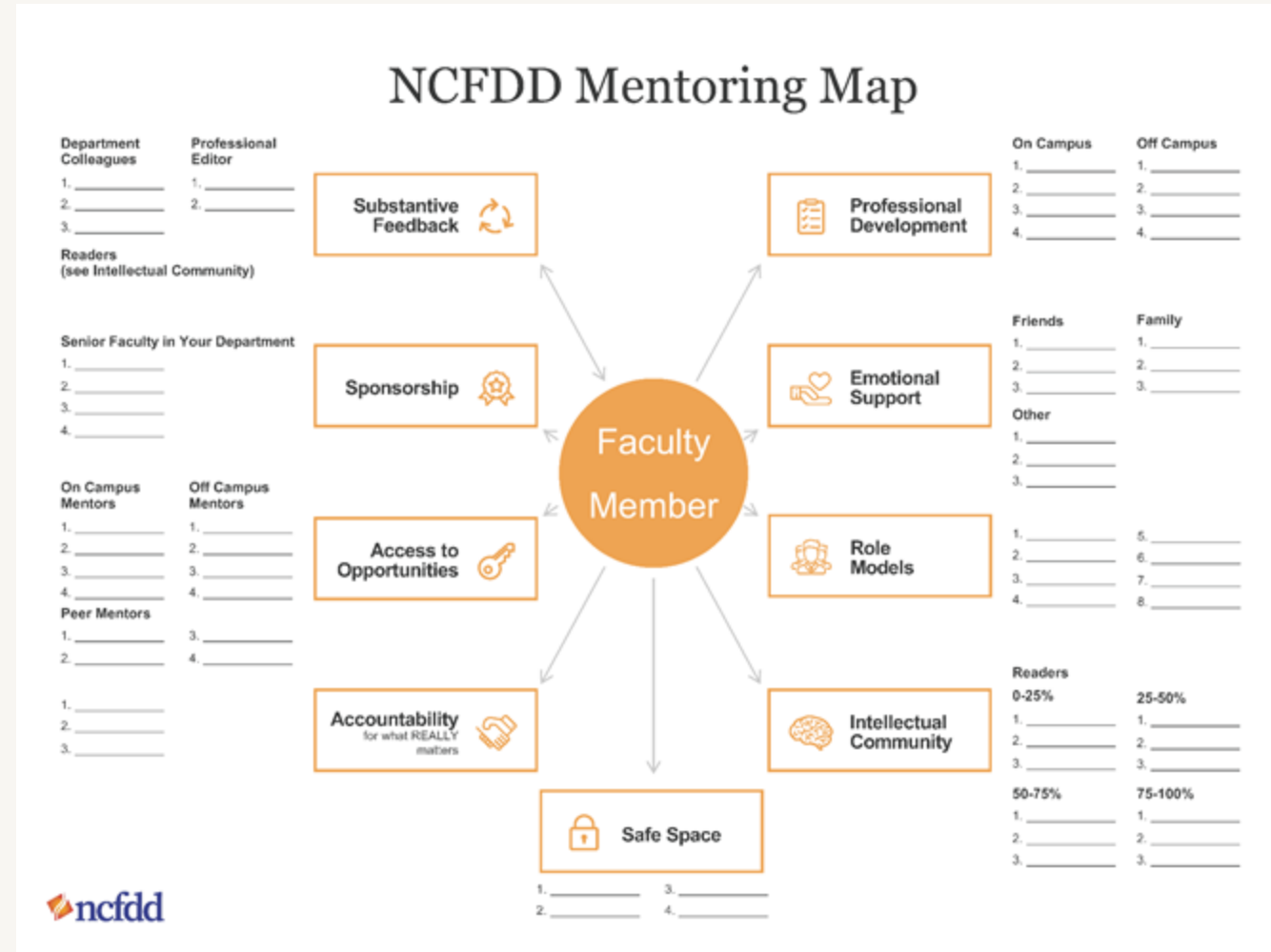
Request submitted Feb 24, 2021

Program began May 16, 2021

Coach (Faculty at UConn) and 3 other group members (Oregon St, McGill, UT Austin)

Few Things I Still Use

1. Quarterly/Weekly SMART goals
2. Mentoring map
3. Using calendar for time blocking
4. Saying no



How to Best Use Your Time

- Be realistic about expectations – ideally have a writing project in mind
- Be willing to try the different methods/resources
- Participation takes time – be ready for homework